

AUGUST 4 TO 11, 2023



# SPECIAL NEWSLETTER



## TTO LEADS CENTRO CARIBE SPORTS MEMBER COUNTRIES AT TRINBAGO 2023



Nikola Blackman with the Mascot of the Games (Photo: Matt McNulty/Getty Sport)

The delegation of Trinidad and Tobago led the member countries of Centro Caribe Sports during the VII Commonwealth Youth Games Trinbago 2023, winning four gold, five silver and six bronze medals, for a total of 15 medals.

The four gold medals for the locals were all in swimming, where Nikola Blackman won three of them, in the 50m, 100m and 200m freestyle events. Zarek Wilson won the other gold in the 100m butterfly.

Trinidad and Tobago's performance is the best for a host country in the history of these Games, occupying the seventh position in the overall medal table, the first time in the seven editions that it is part of the TOP-10.



Zarek Wilson with the medal (Photo: Trinidad and Tobago Olympic)



## CAYMAN ISLANDS WITH THEIR BEST PERFORMANCE IN CYG



Jillian Crooks during the CYG (Photo: Samantha Peene)

The Cayman Islands won six medals, their best performance in the history of the Commonwealth Youth Games, surpassing their participation in Samoa 2015, when they only won one medal, silver.

In Trinbago 2023, the Cayman Islands won two gold, one silver and three bronze medals, where Jillian Crooks achieved the best performance by placing one gold and two bronze medals on her neck, in the 100m freestyle, 50m and 100m backstroke, respectively.

Andrew Stone of athletics, in the Long Jump, was the other gold medalist, setting a new Games Record by jumping 7.70 meters in his sixth attempt, breaking the mark of Richard Seklorwu of Ghana who made 7.67 meters in Samoa 2015.

With this result, the Cayman Islands placed 10th in the overall medal tally, and along with Trinidad and Tobago, the first time in the history of the Games that two Caribbean countries have placed in the TOP-10 overall in an edition.



Andrew Stone during the CYG (Photo: Samantha Peene)



## GUYANA OUTPERFORMS AT TRINBAGO 2023

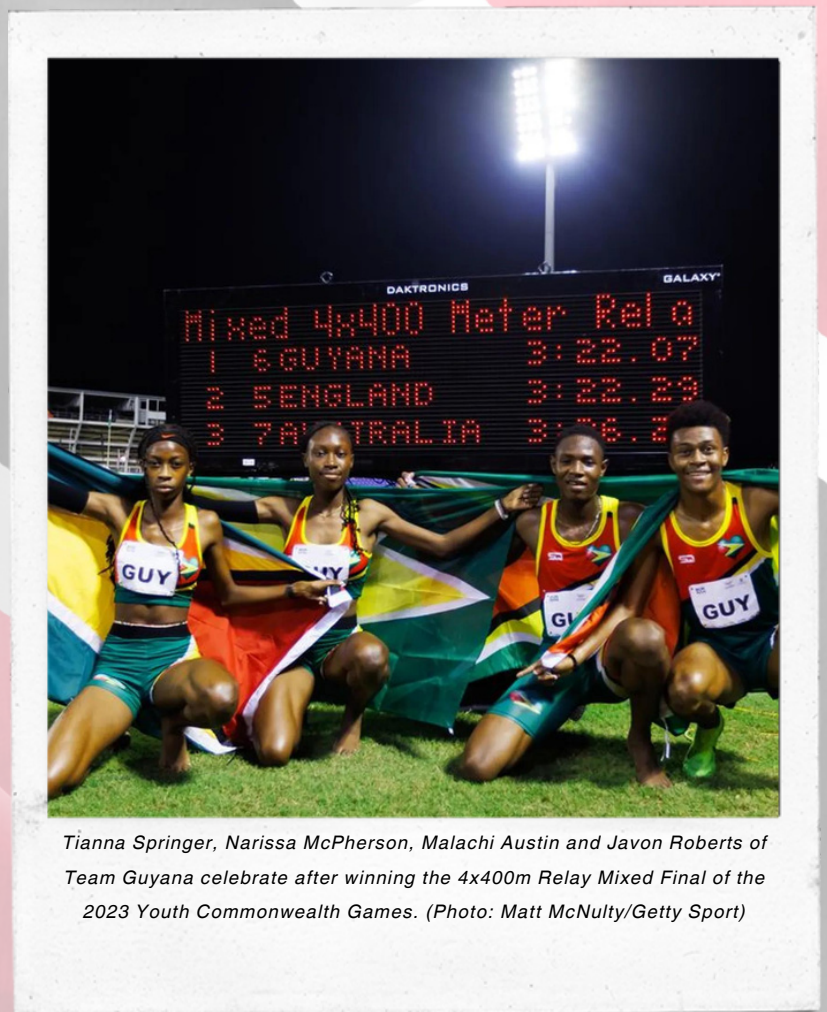


*Tianna Springer of Guyana during the medal ceremony of the 2023 Carifta Games (Photo: Unknown)*

The Guyana delegation was the third best-placed Centro Caribe Sports member country in the overall medal tally at the Trinbago 2023 Commonwealth Youth Games, sealing a historic four-medal performance and placing 11th in general.

In this edition, it won its first gold medals, two in total, with Tianna Springer in the Women's 400m and the 4x400m Mixed Relay, where Springer was also part of, setting a new Games Record, by timing 3:22.07.

Guyana's medal tally was completed by Austin Malachi with a silver medal in the 400m and Narissa McPherson with bronze, also in the 400m. Both, together with Tianna Springer and Javon Roberts, formed the 4x400m Mixed Relay.



*Tianna Springer, Narissa McPherson, Malachi Austin and Javon Roberts of Team Guyana celebrate after winning the 4x400m Relay Mixed Final of the 2023 Youth Commonwealth Games. (Photo: Matt McNulty/Getty Sport)*

# SHAQUANE AND DANELI SHINE FOR JAMAICA AT TRINBAGO 2023



Shaquane Gordon during the Trinbago 2023 Games. (Photo: Jamie Squire/Getty Sport)

Shaquane Gordon and Daneli Wright each won two medals, a gold and a bronze, respectively, to lead the Jamaican delegation at the Trinbago 2023 Commonwealth Youth Games.

Gordon won the 110m hurdles, including a new Games Record, by clocking 13.16 seconds, beating the 13.32 of Andries Van Der Merwe of Australia who clocked that time at Isle Of Man 2011. Shaquane took bronze in the 100-meter dash.

In the same event, Wright took the podium with bronze and a time of 13.45 seconds.

Meanwhile, Daneli won the 400 meter hurdles with a time of 51.51 seconds.



Shaquane Gordon during the Trinbago 2023 Games. (Photo: Jamie Squire/Getty Sport)



# SWIMMING WINS THREE MEDALS FOR BAHAMAS AT TRINBAGO 2023



Nigel Forbes and Marvin Johnson of Bahamas. (Photo: Marvin Johnson)

Swimmers Marvin Johnson Jr. and Nigel Forbes won three medals out of four for the Bahamas delegation at the Trinbago 2023 Commonwealth Youth Games.

Johnson Jr. won one silver medal in the 50m freestyle and another of bronze in the 100m freestyle.

Forbes, on the other hand, climbed the podium with a third place in the 50m backstroke.

Robert Deal III added the fourth medal for the Bahamas, with a silver in athletics, in the shot put event.



Marvin Johnson with some friends of Bahamas delegation. (Photo: Marvin Johnson)



## BARBADOS RETURNS TO THE CYG MEDAL TABLE



Teon Haines of Barbados after winning his bronze medal. (Photo:Olympic BB)

The Barbados delegation won two medals, both bronze, during the Trinbago Commonwealth Youth Games 2023, signifying the return to the medal table of these Games, after the absence in the last edition, in Bahamas 2017.

Heidi Stoute won the bronze medal in the 400 meter freestyle swimming, while Teon Haynes, climbed the podium in the long jump in athletics.

## SAINT LUCIA'S TRACK AND FIELD EXCELS AT 2023 CYG

Track and Field's Denzel Phillips was the only athlete from St. Lucia to reach the podium twice, winning bronze medals in the Discus Throw and the Shot Put.



Denzel Phillips during his competition in Trinbago 2023. (Photo:Denzel Phillips)

Phillips achieved a distance of 47.77 meters in his last attempt in the Discus Throw, while he placed a distance of 15.75 meters in his third and last attempt in the Shot Put.



## ANTIGUA AND BARBUDA WAS PRESENT IN THE TRINBAGO 2023 MEDAL TALLY



La'nica Locker of Antigua and Barbuda during the CYG (Photo: Jamie Squire/Getty Sport)

Trinidad and Tobago's La'nica Locker was the only athlete from that nation to make the podium at the Trinbago 2023 Commonwealth Youth Games, taking the bronze medal in the women's 200 meters, after clocking 23.56 seconds.

## PARA-ATHLETE OF GRENADA MAKES PODIUM AT TRINBAGO 2023

Para Athletics' Tyler Smith in the Discus Throw, F42-44 / F61-64, earned the bronze medal by clearing a distance of 18.85 meters on his fourth attempt, being from the F44 class.

Smith was the only athlete from the Grenada delegation to win a medal at Trinbago 2023.



Tyler Smith of Grenada while competed in Trinbago 2023. (Photo: Matt McNulty/Getty Sport)





PAÍS/COUNTRY

|                                |   |   |   | TOTAL |
|--------------------------------|---|---|---|-------|
| 07 - [TTO] Trinidad and Tobago | 4 | 5 | 6 | 15    |
| 10 - [CAY] Cayman Islands      | 2 | 1 | 3 | 6     |
| 11 - [GUY] Guyana              | 2 | 1 | 1 | 4     |
| 13 - [JAM] Jamaica             | 2 | 0 | 2 | 4     |
| 18 - [BAH] Bahamas             | 0 | 2 | 2 | 4     |
| 22 - [BAR] Barbados            | 0 | 0 | 2 | 2     |
| 22 - [LCA] Saint Lucia         | 0 | 0 | 2 | 2     |
| 26 - [ANT] Antigua and Barbuda | 0 | 0 | 1 | 1     |
| 26 - [GRN] Grenada             | 0 | 0 | 1 | 1     |



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**WE ARE PROUD OF ALL OUR  
ATHLETES WHO ACHIEVED THESE  
MEDALS!**



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