

CAYMAN ISLANDS OLYMPIC COMMITTEE
NEWSLETTER

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CAC GAMES 2023 RECAP



The 2023 Central American and Caribbean Games (CAC Games) was the 24th edition of the games, and took place from June 23 2023 – July 8 2023 in San Salvador, En Salvador.



Team Cayman was represented in multiple sports such as

- Athletics
- Beach Volleyball
- Netball
- Rugby
- Sailing
- Swimming



Over 5000 athletes from 35 countries participated in these games. Team Cayman placed 23rd out of 35 participating countries.



CAC GAMES 2023 RECAP



Andres Mcdermot and Charlotte Webster represented Team Cayman in Sailing.



Shalysa Wray and Rasheem Brown represented Team Cayman in Athletics.



Cayman's Netball Team Representatives



Beach Volleyball



Beach Volleyball was the first sport Team Cayman participated in at the 2023 CAC Games. The team consisted of:

- Chlouie Gaetos
- Deajra Tulloch
- Casey Santamaria
- Jesario Ebanks

Beach Volleyball took place from June 21st to June 27th.



Jesario Ebanks and Casey Santamaria played their first match at the 2023 CAC Games in San Salvador, El Salvador on June 21st in Men Group A Match 2 against Puerto Rico. On June 23 they played in Match 4 against Venezuela. June 24th, Jesario and Casey played against the Dominican Republic and unfortunately lost 2-0. On June 25th they played against Jamaica and it was a close game, but Jamaica won 2-1. In their final match, they played against Haiti in Men 15-16 Classification and won 2-1. Out of 22 participating male teams, Jesario and Casey were in rank 15.



Beach Volleyball



At the 2023 CAC Games in San Salvador, El Salvador, Deajra Tulloch and Chlouie Gaetos played their first match Women Group A Match 2 on Wednesday, June 21st against Jamaica, where they unfortunately lost 2-0. On June 23rd, they played against Venezuela in Match 4 where they lost 2-0. On June 24 they played against Colombia and on June 25 against ISV, but in their final match on June 26, they won 2-0 against Bermuda. Out of the 25 participating female teams, Chlouie and Deajra were in rank 15.





ACTION SHOTS



Chlouie Gaetos and
Deajra Tulloch
(WOMEN'S TEAM)

Jesario Ebanks and
Casey Santamaria
(MEN'S TEAM)





Rugby



Cayman's Rugby 7's Team was represented by

- Andrew Cayasso
- Avery Ebanks
- Alexander Harvey
- Thomas Kehoe
- Alexander Locke
- Darien Montaque
- Cueme Parker
- Michael Peck
- Frederick Robson
- Carl Westin
- Harald Westin
- Justin Wight



Rugby at the 2023 CAC Games took place from June 25 to June 27. Team Cayman played their first game, which was the Men's team Group A Match 4 against Colombia where they lost 33-0. They played again later in the night in the Men's team Group A Match 9 against Costa Rica, in which Team Cayman won 50-0.



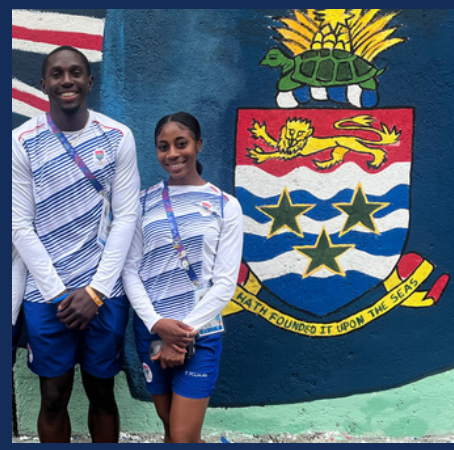
On day 2, June 26, Team Cayman played against Jamaica and lost 38-0. Later in the day they played against Mexico, but Mexico won 27-14. They played again later against Bermuda in Men's team Group A match 17.

On the final day, Cayman played against Venezuela, and slightly later they played against Costa Rica again and won 14-10. Cayman was supposed to play against Bermuda again but the match was cancelled due to Bermuda's absence.





Athletics



Athletics were one of the final events to take place at the 2023 CAC Games in San Salvador, El Salvador. Athletics took place from July 2nd to July 7th. Representing Team Cayman were Shalysa Wray and Rasheem Brown. Shalysa took part in the 400m semi finals, but due to injury could not move forward to the finals, finishing rank 12.



Rasheem Brown participated in the Men's 110m hurdles semi-final heat 2 on July 4th. Rasheem then moved on to the 110m hurdle final on July 5th where he managed to place 2nd overall and earn Cayman a silver medal in a close race between Cayman and Barbados.

Highlights of Rasheem's race can be found on our instagram and facebook page, as well as on Cayman Athletics instagram page.



Swimming and Sailing



Connor Macdonald and Kyra Rabess represented Team Cayman in Swimming at the 2023 CAC Games, at which they both set new personal best records. Swimming took place from June 24 to June 29.

Connor competed in the Men's 50m freestyle, 400m freestyle, 200m freestyle and 1500m freestyle (in which he achieved a new personal best).

Connor also qualified for and is a part of the Youth Commonwealth team.

Kyra competed in the Women's 200m freestyle, 800m freestyle, 400m freestyle and the 1500m freestyle. In the Women's 1500m freestyle, Kyra finished top 5 in the finals, set a new national record for Cayman with a time of 17:25.66.



Representing Team Cayman in Sailing was Charlotte Webster and Andres Mcdermot. Sailing took place at the CAC Games from July 26 - July 1. Due to weather conditions, no racing could take place on days 2 and 3.

Charlotte produced an excellent performance and took 4th place at the games, and managed to maintain that position throughout the 9 races during the week.

In his third CAC Games, Andres placed 13th out of 16 boats in the men's competition fleet.



Netball



Team Cayman was represented in netball by:

- Kathryn Corkish
- Charlotte Dowell
- Alexcina Fraser
- Micah Leon
- Shiyan Mcfield
- Naihma Ordoñez Miller
- Shanti Singh
- Di'jhaney Valentine
- Atira White
- Leah White
- Rose Wilson



Netball at the 2023 CAC Games in San Salvador, El Salvador took place over the course of five days, from 3 July to 7 July. The first game Team Cayman played in was Group A Match 2 against St Vincent and the Grenadines. On day 2, they young team played against Jamaica and unfortunately lost 110-16. On day 3, Cayman played against Barbados, and on day 4 against Trinidad and Tobago. On the final day, 7 July, Team Cayman closed with a win against the Dominican Republic, winning 51-33.



WHAT'S NEXT?



The 2023 ANOC Beach Games were scheduled to take place in Bali, Indonesia from 5 August 2023 to 10 August 2023. Unfortunately, Bali withdrew their commitment to hosting the beach games this year. With such short notice the ANOC were unable to find a new country to host the games, so they have decided to cancel the 2023 beach games altogether.



Coming up next are the 2023 Commonwealth Youth Games in Trinidad and Tobago which will be taking place from August 4, 2023 to August 11, 2023. Cayman will be represented in three sports, Athletics, Swimming and Beach Volleyball.

Representing Cayman in **Athletics** will be Andrew Stone and Ty Goddard.

Representing Cayman in **Beach Volleyball** will be Anjia Delapenha and Brianna Delapenha.

Representing Cayman in **Swimming** will be Jillian Crooks, Sierrah Broadbelt, Harper Barrowman, Teagan Nash, Allyson Belfonte, James Allison, and Connor McDonald.



UPCOMING GAMES



Trinidad and Tobago
4th August – 11th August 2023



Santiago, Chile
20th October – 5th November 2023



Paris, France
29th July – 11th August 2024

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